

## OUR APPROACH TO IN-PERSON TRAINING

We work experientially. Our interactive workshops combine elements of improvisational theatre, performing arts and mindfulness to help participants to learn by doing and integrate the ideas into their workplaces and communities.

You won't find powerpoints, trust-falls or hours of case-studies. We use the case-in-point method to explore how power, influence, personality and preference shows up in your workplace or community. Our in-person training is designed to generate personal insights that translate into behavioural shifts and structural change..

We believe leadership and facilitation are skills that can be learned - rather than innate qualities that are tied to traits, attributes or characteristics. They are best practised by engaging people's head, heart and guts and learning by doing.

We do not provide the answers or prescriptions. Instead we provide concentrated learning opportunities where new ideas, concepts and tools can be 'prototyped'. We are inspired by the power of facilitated, playful learning.

"I gained a great awareness and believe it has made me a better person in my life as well as a Manager. It provided real life stories, challenging scenarios and opportunities to raise questions to people who live and breathe these situations.."

*Debbie Tyson -  
Manager, Development & Compliance Services  
Cardinia Shire Council*